

Authentic Leadership for Women

Date: **9 November 2022** For: **Broader management**

Program length: **9 months** Number of participants: **15 - 17**

We invite you to join a program where we develop **women's leadership and authenticity**. The goal of the program is to lead women in leadership to **greater confidence, resilience and work-life balance**.

We will help you find your **strengths** and your **natural style of working** and communicating with others. We will show you how to **handle challenging situations professionally**, work with your emotions, set healthy boundaries and **assert yourself non-violently** in a men's environment.

The program focuses on the areas of **self-discovery, team leadership and communication, personal branding and new leadership skills**.



6x all-day workshop,
group of 15 to 17
participants



1x individual mentoring
per each participant
(90 min.)



1x acceleration meeting in group
3 participants
(90 min.)



1x Test Talent Dynamic
per each participant



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I entered the ATAIRU program quite sceptically, but it brought me a lot. I'm much more patient and more tolerant of people, because I can recognize far better what they are good at and I also realized through my talent what I excel at.

Lenka Zákoucká, Carrier

ABB

Plzeňský Prazdroj

Ogilvy

Jägermeister

KB

ČESKÁ SPORITELNA

GS greenSwan pharmaceuticals

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McKinsey & Company

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We have been ranked by HR Tech Outlook magazine as a TOP 10 Leadership Development company in Europe



Most Innovative Leadership Development Company 2021 - CZ



BE MORE CONFIDENT IN LEADING PEOPLE

Workshops and topics

- 1. Workshop #1 Talents & Leadership Mindset**
How to make the most of your strengths
How to become a more resilient leader
- 2. Workshop #2 Limiting patterns of behavior and how to work with them**
What limits us in achieving success
How to better manage stress and emotions
- 3. Workshop #3 Mission & Personal Identity**
What makes sense to us and what is our direction
What are the pillars of our authenticity and how to build our personal brand
- 4. Workshop #4 Teamwork & feedback**
How to respect difference and diversity in a team
How to work with feedback and deal with challenging situations
- 5. Workshop #5 Working with conflict**
How to eliminate misunderstandings and turn conflicts into constructive and beneficial exchanges
- 6. Workshop #6 Future-ready: Preparing leaders for the future**
What the leadership of the future will look like
What to prepare for, how to communicate and lead

Month	WS	Duration
TBD	Workshop #1: <i>Talents & Leadership Mindset</i>	1 day
TBD	Workshop #2: <i>Limiting patterns of behavior and how to work with them</i>	1 day
TBD	Individual mentoring for each participant	90 min.
TBD	Workshop #3: <i>Mission & Personal Identity</i>	1 day
TBD	Workshop #4: <i>Teamwork & Feedback</i>	1 day
TBD	Workshop #5: <i>Working with conflict</i>	1 day
TBD	Workshop #6: <i>Future-ready: Preparing leaders for the future</i>	1 day
TBD	1x acceleration meeting in group	90 min.

Investment

Per participant: 59 500 Kč (without VAT)

Registration and info

If you would like to register or to know more about programs, please do not hesitate to contact Jitka.

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