



# Atairu Authentic Leadership for woman

Be more confident in leading people and keep life in balance.

We invite you to join a program where we develop **women's leadership and authenticity**. The goal of the program is to lead women in leadership to **greater confidence, resilience and work-life balance**.

The program focuses on the areas of **self-discovery, team leadership and communication, personal branding and new leadership skills**.



## Journey to the new ONBOARDING

WORKSHOP 1

### Me, as the leader & Leadership Mindset

- How to make the most of your strengths
- How to work with your mindset

WORKSHOP 2

### Limiting behaviour patterns

- Beliefs and fears that limit you
- How to better manage emotions and stress

WORKSHOP 3

### Your mission & capacity work

- Your inner why
- How to achieve your goals more effectively

WORKSHOP 4

### Teamwork & Team in Flow

- How to get the best out of your team
- How to be clear about strategic priorities

WORKSHOP 5

### Me, as a leader of change

- How to work successfully with resistance
- How to have greater impact and influence

## Certifikate

Welcome to ATAIRU community of leaders!

START:

FALL 2024

NUMBER OF PARTICIPANTS:

18

PRICE:

64.500CZK  
without VAT

FOR WHOM:

MIDDLE MANAGEMENT

## Practical information:



### Talent Dynamics Test

for each participant



### Individual consultation

for each participant  
90 min



### 5x Full day workshop

// I realized through my talent what I excel at and what I don't – and that it's not wrong if I don't excel. **I'm much more confident internally**, I'm trying to take a step back from work and things that are guaranteed to "throw me off" and look at the big picture. **I came away from every workshop** with some sort of **aha-effect, but it was quite significant**.

**Lenka Zákoucká**

Head of HR, Kostal Kontakt Systeme GmbH



**MORE INFORMATION  
& REGISTRATION**