

Authentic Leadership for Women

Date:

23rd May 2022

For:

Broader management

Program length:

9 months

Number of participants:

15

We invite you to a program in which we develop the **authenticity** of women in leadership. Together we will go on a journey of greater **self-confidence**, **resilience** and a **balance** between professional and private life.

We will help you find your **strengths** and your **natural style** of cooperation and communication with others. We will show you how to professionally **solve** and manage **challenging situations**, work with emotions and set your boundaries in a healthy way.

We have included in the program practical skills for leading teams **remotely** and **building relationships in the online** environment.



**4x all-day workshop,
2x half-day workshop**
group of 15 participants



**1x individual
mentoring**
per each participant
(90 min.)



**1x acceleration
meeting in group**
3 participants
(90 min.)



**1x Test Talent
Dynamic**
per each participant



“

I entered the ATAIRU program quite sceptically, but it brought me a lot. I'm much more patient and more tolerant of people, because I can recognize far better what they are good at and I also realized through my talent what I excel at.

Lenka Zákoucká, Carrier

ABB

Plzeňský Prazdroj

Ogilvy

Jägermeister

KB

ČESKÁ
SPORITELNA

GS greenSwan
pharmaceuticals

NUTRICIA

vodafone

pwc

Carrier

rohlik
.cz

McKinsey
& Company

Raiffeisen
BANK



We have been ranked by HR Tech Outlook magazine as a TOP 10 Leadership Development company in Europe



Most Innovative Leadership Development Company 2021 - CZ

BE MORE CONFIDENT IN LEADING PEOPLE

Workshops and topics

1. **Workshop #1 Talents & Leadership Mindset**
How to make the most of your strengths
How to become a more resilient leader
2. **Workshop #2 Limiting Patterns**
What limits us in achieving success
3. **Workshop #3 Amygdala & Purpose**
How to best manage stress and emotions
What determines our direction
4. **Workshop #4 Team Collaboration & Hybrid Communication**
How to work successfully with diversity in a team
How to communicate effectively in the online world
5. **Workshop #5 Working with Conflict**
How to deal constructively with difficult situations in a team
6. **Workshop #6 Future-ready Leaders**
How to prepare for the future
Your personal identity and the end of the programme

Month	WS	Duration
23rd May 2022	Workshop #1: <i>Talents & Leadership Mindset</i>	1 day
21st June 2022	Workshop #2: <i>Limiting Patterns</i>	½ day
July - August	Individual mentoring for each participant	90 min.
5th September 2022	Workshop #3: <i>Amygdala & Purpose</i>	1 day
13th October 2022	Workshop #4: <i>Team Collaboration & Hybrid Communication</i>	1 day
15th November 2022	Workshop #5: <i>Working with Conflict</i>	½ day
January - February	1x acceleration meeting in group	90 min.
23th January 2023	Workshop #6: <i>Future-ready Leaders</i>	1 day

Investment

Per participant: 59 500 Kč (without VAT)

Registration and info

If you would like to register or to know more about programs, please do not hesitate to contact Jitka.

Jitka Houzarová: jitka.houzarova@atairu.com,
+420 732 932 613