BE MORE CONFIDENT IN LEADING PEOPLE

Authentic Leadership for Women



We invite you to a program in which we develop the **authenticity** of women in leadership. Together we will go on a journey of greater **self-confidence**, **resilience** and a **balance** between professional and private life.

We will help you find your **strengths** and your **natural style** of cooperation and communication with others. We will show you how to professionally **solve** and manage **challenging situations**, work with emotions and set your boundaries in a healthy way.

We have included in the program practical skills for leading teams **remotely** and **building relationships in the online** environment.



ATAIRU







4x all-day workshop, 2x half-day workshop group of 15 participants

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1x individual mentoring per each participant (90 min.) **1x acceleration meeting in group** 3 participants

(90 min.)

1x Test Talent Dynamic

per each participant



I entered the ATAIRU program quite sceptically, but it brought me a lot. I'm much more patient and more tolerant of people, because I can recognize far better what they are good at and I also realized through my talent what I excel at.

Lenka Zákoucká, Carrier





We have been ranked by HR Tech Outlook magazine as a TOP 10 Leadership Development company in Europe



Most Innovative Leadership Development Company 2021 - CZ

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Workshops and topics

- Workshop #1 Talents & Leadership Mindset
 How to make the most of your strengths
 How to become a more resilient leader
- Workshop #2 Limiting PatternsWhat limits us in achieving success
- Workshop #3 Amygdala & Purpose
 How to best manage stress and emotions
 What determines our direction

4. Workshop #4 Team Collaboration & Hybrid Communication

How to work successfully with diversity in a team How to communicate effectively in the online world

5. Workshop #5 Working with Conflict

How to deal constructively with difficult situations in a team

6. Workshop #6 Future-ready Leaders

How to prepare for the future Your personal identity and the end of the programme

Month	WS	Duration
TBD	Workshop #1: Talents & Leadership Mindset	1 day
TBD	Workshop #2: Limiting Patterns	1⁄2 day
TBD	Individual mentoring for each participant	90 min.
TBD	Workshop #3: Amygdala & Purpose	1 day
TBD	Workshop #4 : Team Collaboration & Hybrid Communication	1 day
TBD	Workshop #5: Working with Conflict	1 day
TBD	Workshop #6: Future-ready Leaders	1 day
TBD	1x acceleration meeting in group	90 min.

Investment

Per participant: 59 500 Kč (without VAT)

Registration and info

If you would like to register or to know more about programs, please do not hesitate to contact Jitka. **Jitka Houzarová**: jitka.houzarova@atairu.com, +420 732 932 613

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