

Authentic Leadership for Women

Date: **8 November 2023** For: **Broader management**

Program length: **7 months** Number of participants: **18**

We invite you to join a program where we develop **women's leadership and authenticity**. The goal of the program is to lead women in leadership to **greater confidence, resilience and work-life balance**.

We will help you find your **strengths** and your **natural style of working** and communicating with others. We will show you how to **handle challenging situations professionally**, work with your emotions, set healthy boundaries and **assert yourself non-violently** in a men's environment.

The program focuses on the areas of **self-discovery, team leadership and communication, personal branding and new leadership skills**.



5x all-day workshop
group of 15 participants



1x individual mentoring
per each participant
(90 min.)



**1x Talent
Dynamic Test**
per each participant



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I entered the ATAIRU program quite sceptically, but it brought me a lot. I'm much more patient and more tolerant of people, because I can recognize far better what they are good at and I also realized through my talent what I excel at.

Lenka Zákoucká, Carrier

ABB

Plzeňský Prazdroj

Ogilvy

Jägermeister

KB

ČESKÁ
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GS GreenSwan
pharmaceuticals

NUTRICIA

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.cz

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& Company

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We have been ranked by HR Tech Outlook magazine as a TOP 10 Leadership Development company in Europe



Most Innovative Leadership Development Company 2021 - CZ



BE MORE CONFIDENT IN LEADING PEOPLE

Workshops and topics

1. Workshop #1: Me, as the leader & Leadership Mindset

How to make the most of your strengths
How to work with your mindset

2. Workshop #2: Teamwork & Communication

How to work better with people and diversity in a team
How to build a functional team

3. Workshop #3: Limiting behaviour patterns and how to work with them

What limits you in achieving success
How to better manage stress and emotions

4. Workshop #4: Your mission & ambitions

How to find your direction
How to achieve your goals

5. Workshop #5: Me, as a leader of change

How to get people to change
How to have a greater impact

Month	WS	Duration
8. 11. 2023	Workshop #1: <i>Me, as the leader & Leadership Mindset</i>	1 day
8. 1. 2024	Workshop #2: <i>Teamwork & Communication</i>	1 day
5. 3. 2024	Workshop #3: <i>Limiting behaviour patterns and how to work with them</i>	1 day
18. 4. 2024	Workshop #4: <i>Your mission & ambitions</i>	1 day
14. 5. 2024	Workshop #5: <i>Me, as a leader of change</i>	1 day

Investment

Per participant: 59 500 Kč (VAT not included)

Registration and info

If you would like to register or to learn more about programs, please do not hesitate to contact Jitka.

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