

# Atairu Authentic Leadership for woman

Be more confident in leading people and keep life in balance.

We invite you to join a program where we develop **women's leadership and authenticity.** The goal of the program is to lead women in leadership to **greater confidence**, **resilience and work-life balance.** 

The program focuses on the areas of **self-discovery, team** leadership and communication, personal branding and new leadership skills.

**START:** 

**NUMBER OF PARTICIPANTS:** 

18

22, MAY 2024

PRICE:

**FOR WHOM:** 

64.500CZK without VAT

MIDDLE MANAGEMENT

### **Practical information:**



Talent Dynamics Test

for each participant



Individual consultation

for each participant 90 min



5x Full day workshop

I realized through my talent what I excel at and what I don't – and that it's not wrong if I don't excel. I'm much more confident internally, I'm trying to take a step back from work and things that are guaranteed to "throw me off" and look at the big picture. I came away from every workshop with some sort of aha-effect, but it was quite significant.

Lenka Zákoucká

Head of HR, Kostal Kontakt Systeme GmbH



## Journey to the new ONBOARDING

19.6.2024

patterns

10.10.2024

**WORKSHOP 4** 

Teamwork & Team in Flow

**WORKSHOP 2** 

**Limiting behaviour** 

· How to better manage

emotions and stress

 How to get the best out of your team

• How to be clear about

strategic priorities

· Beliefs and fears

that limit you

22. 5. 2024 WORKSHOP 1

#### Me, as the leader & Leadership Mindset

- How to make the most of your strengths
- How to work with your mindset

5. 9. 2024 WORKSHOP 3

### Your mission & capacity work

- Your inner why
- How to achieve your goals more effectively

13. 11. 2024

WORKSHOP 5

#### Me, as a leader of change

- How to work successfully with resistance
- How to have greater impact and influence

#### Certifikate

Welcome to ATAIRU community of leaders!



